

# Lunch & Learn Series

**Free virtual learning opportunities for Family Support New Hampshire Partners in Prevention**  
**Date and Time: Second Tuesday of every month from 12 to 1pm.**

**☀️ January 13, 2026 — Meet NHCT's New Team!**

Get to know our newest staff members and hear what's in store for 2026, including NHCT's training programs, our adaptive strategic plan, and National Child Abuse Prevention Month in April.

*Moderated by Christina Lachance, M.Ed., President*

*Featuring Tara Paladino, MSW, Training and Program Manager, Rachel Tisevich, MPP, Training and Program Manager – Fatherhood, and Nicole Heller, PhD, Senior Director of Programs and Impact*

**❤️ February 10, 2026 — Community Partner Spotlight: Advocates for Children and Families**

What bills could impact families this year and who is coordinating child and family advocacy in the Granite State? Join us and find out how you can get involved in advocating for issues important to you.

*Moderated by Nicole Heller, PhD, Senior Director of Programs and Impact*

*Featuring speakers from Waypoint, MomsRising, New Futures, Save the Children Action Network, and the New Hampshire Center for Justice and Equity*

**🌀 March 10, 2026 — Launching NHCT's Adaptive Strategic Plan**

Discover our new vision for the future and learn how you can take part in New Hampshire's statewide campaign to prevent child abuse and neglect in April.

*Moderated by Christina Lachance, M.Ed., President*


*Featuring Kat Challis, Development Director, Carroll Berg, MFA, Communications Manager, Nicole Heller, PhD, Senior Director of Programs and Impact, Evelyn Yang, PhD, President, Evelyn Yang Consulting*

**🌱 April 14, 2026 — Building an Ecosystem of Primary Prevention**

Join us for an engaging conversation about strengthening families through prevention-focused systems.

*Moderated by Christina Lachance, M.Ed., President*

*Featuring Carroll Berg, MFA, Communications Manager, Kat Challis, Senior Director of Development, Kat Morris, Director of Development at the Family Resource Center, and additional speakers*

 **May 12, 2026 — Fundraising and Partnership Opportunities**

Join us to learn more about how your organization can raise funds by partnering in our 6th annual Ride for Resilience event!

*Featuring Kat Challis, Development Director, and Carroll Berg, MFA, Communications Manager*

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 **June 9, 2026 — Community Partner Spotlight: Family Resource Centers**

Learn about New Hampshire's Family Resource Centers and hear stories about what is working in their local communities.

*Moderated by Liz Scruton, Director of Early Childhood Initiatives, Granite United Way  
Featuring Melissa LaRocque, MSCJ, Executive Director, Salem Family Resources, Virginia Jones, Primary Prevention Administrator, Division of Public Health, and additional Family Resource Center leaders*

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 **July 14, 2026 — Economic and Concrete Supports: Building Protective Factors**

Explore how economic and concrete supports are Protective Factors in strengthening families and preventing child abuse and neglect. Additionally, you'll learn how to access **FREE diapers, baby items, and period products** for the families you serve.

*Moderated by Tara Paladino, MSW, Training and Program Manager  
Featuring Deanna LaFrazia, Executive Assistant and Project Manager, Nicole Heller, PhD, Senior Director of Programs and Impact, and additional invited speakers from the National Diaper Bank Network and Baby 2 Baby*

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 **August 11, 2026 — Legislative Debrief and Looking Ahead to 2027**

Join us to discuss the 2026 legislative session and get a preview of NHCT's legislative and budget priorities for 2027.

*Moderated by Christina Lachance, M.Ed., President  
Featuring Nicole Heller, PhD, Senior Director of Programs and Impact, and additional speakers from NH child and family advocacy organizations, which may include New Futures, Save the Children Action Network, MomsRising, Waypoint, and the New Hampshire Center for Justice and Equity*

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 **September 8, 2026 — Community Partners Spotlight for a New School Year**

Learn about resources available to Granite State families including the NH Mom Hub, NH Child Care Scholarship and NH Education Freedom Accounts.

*Moderated by Deanna LaFrazia, Executive Assistant and Project Manager  
Featuring Heather Martin, RMA, PMH-C, Maternal Mental Health Navigator, Dartmouth Health Children's, and Kate Baker Demers, Executive Director, NH Children's Scholarship Fund*

 **October 13, 2026 — Fatherhood FORGE: NHCT's New Fatherhood Initiative**

*Learn about the science behind our “why” and how this new initiative will support resource connection, parenting education, and fatherhood empowerment statewide.*

*Moderated by Rachel Tisevich, MPP, Training and Program Manager - Fatherhood*

*Featuring Nicole Heller, PhD, Senior Director of Programs and Impact, and Richard Feistman, PhD, Executive Director, Granite Hearth*

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 **November 10, 2026 — Community Partner Spotlight: Early Childhood Coalitions**

*Learn about Early Childhood Coalitions and the support they are offering their local communities.*

*Moderated by Sarah Fox, Executive Director, New Hampshire Alliance of Early Childhood Coalitions*

*Featuring Early Childhood Coalition leaders*

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 **December 8, 2026 — Year in Review and What's Next for 2027**

*Celebrate NHCT's 2026 accomplishments and get a sneak peek at what's ahead for 2027!*

*Featuring Christina Lachance, M.Ed., President*

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**nh children's trust**

[www.nhchildrenstrust.org](http://www.nhchildrenstrust.org)