



R *the race &*
resiliency *talks*

Letter from the Senior Program Director

Dear Colleagues and Community Members,

It is our distinct pleasure to welcome you to *R²–The Race and Resiliency Talks*, an exploration of resilience, the factors that influence and promote it, and how race and historical inequities create institutional legacies that inform individual choices and realities.

We are thrilled to welcome Corey Best and Pat Stanislaski as presenters. Corey Best is, first and foremost, a dedicated father who was granted the 2016 Casey Family Programs Excellence for Children Award and is certified in the Children’s Trust Fund Alliance’s Bringing the Protective Factors Framework to Life in Your Work. Pat Stanislaski is the Director of Partnering for Prevention, a NJ consulting firm. Her career in child abuse prevention spans almost 40 years, during which she directed a statewide prevention program as well as an international program in 16 countries outside the US. Please read more about Corey and Pat in the biography section of the program.

We would like to thank our staff whose hard work has made *R²–The Race and Resiliency Talks* possible. We would especially like to thank our sponsors for investing in authentic conversations about breaking the cycle of inequality that holds families and their members back from success.

More importantly, we are grateful that you are attending this webinar. That you’re here demonstrates a commitment to creating safe, stable, and nurturing environments for children and families regardless of the unique challenges they face. On behalf of children, families, and caregivers everywhere, thank you. Together we are actively building community knowledge, skills, and resources to increase equitable outcomes for families.

Supported families are strong families.

Sincerely,



Joelyn Drennan, Senior Program Director

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Agenda

9:30-9:45

Join the Waiting Room

9:45-10:00

Welcoming Remarks &
Introduction

10:00-11:00

Hearts, Minds, & Humanity
Presented by Corey Best

Break (10 minutes)

11:10-11:45

Session Continued
Q&A with Corey
Conclusion

11:45-12:45

Break

12:45-1:00

Welcome Back & Introduction

1:00-2:00

**Why Some Bounce Back
and Some Never Do—the
Phenomenon of Resilience**
Presented by Pat Stanislaski

Break (10 minutes)

2:10-2:45

Session Continued

2:45-3:00

Thank you & Closing Remarks

Webinar Instructions

Joining a webinar by invitation link:

Click the link that the host provided in your registration confirmation email (check your Junk or Spam folders if you cannot locate). If prompted, enter your name and email address, then click “Join Webinar” or tap to join.


Joining a webinar manually:

You can manually join by calling in (see the phone dial-in information), or by signing into the Zoom app, clicking **Join a Meeting** and entering the 9-digit Webinar ID and password (if prompted).

Note: Phone dial-in information and Webinar ID can be found on the confirmation email under the webinar link.

Webinar Controls:

Audio Settings: If the host gives you permission, you can unmute and talk during the webinar. All participants will be able to hear you. If the host gives you permission, you will receive a notification saying, **The host would like you to unmute your microphone.** You would select whether to **Stay muted** or **Unmute myself.**

Chat: In-meeting chat  (found in the control panel) allows you to send chat messages to the hosts/panelists. **Attendees are encouraged to use this function to address technical issues only.**

Question & Answer: Open the Q&A window (found in the control panel), allowing you to ask questions to the host and panelists. They can either reply back to you via written text in the Q&A window or answer your question live. **Attendees are encouraged to use this function to engage with our presenters.**

To ask a question:

1. Type your question in the Q&A box. Click **Send.**
Note: Check **Send Anonymously** if you do not want your name attached to your question in the Q&A.
2. If the host replies via the Q&A you will see a reply in the Q&A window.
Note: Questions are only visible to all webinar attendees if the question has been answered. (The host can also answer your question live. You will see a notification in the Q&A window if the host plans to do this.)

Polling: The host may choose use polling during sessions. When administering a poll, the polling box will open automatically on your screen and you will be prompted to select from the polling options.

Closed Captioning: Closed captioning will be available for this event. Enable closed captioning by selecting the **Closed Captioning** button in the control panel.

Leave meeting: Click **Leave meeting** to leave the webinar at any time. If you leave, you can rejoin if the webinar is still in progress.

Please visit [this link](#) for more information about navigating the Zoom webinar platform and the Android/iOS webinar controls.

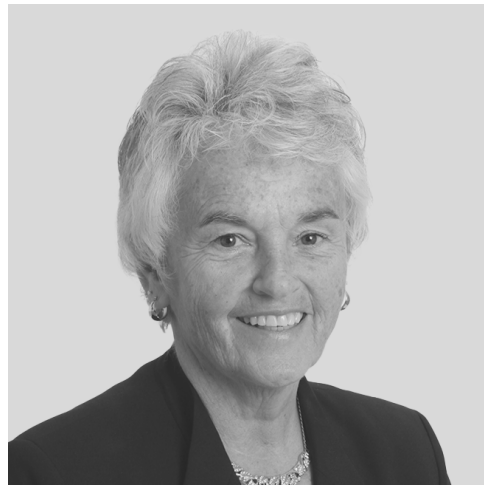
Meet our Presenters



Corey B. Best is the Community Curator at Mining for Gold, LLC. He is commonly known as a leader and skilled facilitator that brings his professional experiences to life by activating group thinking and guiding sustainable child welfare system advancements. His innovative style and approach led him to receiving the 2016 Casey Family Programs Excellence for Children's Award. Most recently, he has helped to spearhead an authentic family engagement pilot through the lens of race equity. This work has allowed Corey to take leadership the next level. His perspective is that a leader must have a set a values and behaviors that embrace differences, shared power and social contribution to see lasting changes within our communities.

COREY BEST
Session 1 Presenter

Corey is Certified in the Children's Trust Fund Alliance's Bringing the Protective Factors to Life in Your Work. In addition to several speaking and technical assistance opportunities, he proudly serves as an active member Board member with Alia. His role has also morphed into a Professional Guide for the Alia Innovation Cohort. In short, Corey's mission is to positively impact the lives of children, families and communities through safe and racially equitable relationships.



Pat Stanislaski is the Director of Partnering for Prevention, a NJ consulting firm. Her career in child abuse prevention spans almost 40 years, during which she directed a statewide prevention program as well as an international program in 16 countries outside the US. Pat is a frequent keynote/workshop presenter at national and international conferences where her focus has been on the importance of empathy and resilience in developing strong children and families. She has served as a member of the Expert Faculty for the International Society for Prevention of Child Abuse and with that focus, has conducted trainings in child abuse prevention for more than 6,000 people across the United States and in 16 countries around the world.

PAT STANISLASKI
Session 2 Presenter

Currently, she is a senior consultant for the Children's Trust Fund Alliance where she writes curricula, provides technical support to state Trust Funds and has been the lead trainer for their Protective Factors Framework National Certification Training.

Sessions

SESSION 1

Hearts, Minds & Humanity *Presented by Corey Best*

Corey will explore the four dimensions of racism and how hearts, minds and humanity are at the center of anti-racist practice. During the conversation, you will witness, feel, and can interrogate the legacies of white supremacist culture. As you fully engage, Corey will explore ways of transferring learning into action by highlighting ways that racial socialization builds resilience in the face of racialized adversity. Participants will walk away with 1) six phases to build equity practice; 2) anticipated stages for forming an anti-racist identity; 3) an overview of an equitable, authentic family engagement assessment and 4) more questions than you came with. Most importantly, you will continue building a community centered on race explicit equity.

SESSION 2

Why Some Bounce Back and Some Never Do—the Phenomenon of Resilience *Presented by Pat Stanislaski*

Children all over the world are exposed to trauma on a daily basis. It may be in the form of war, poverty, hunger, disease, natural disasters, or child abuse. This workshop will examine the phenomenon of resilience as it applies to survivors of childhood trauma—specifically child abuse and neglect.

Pat will offer participants the opportunity to discuss why resilience is so important, how it is influenced by factors inside and outside the home, and what factors nurture this characteristic in children. The group will try to answer the age-old question: "Why do some children bounce back while others seem forever lost to the trauma they have experienced?" Participants will be exposed to theories of why and how some children survive childhood abuse with healthy self-concepts and positive outlooks while others are unable to recover from the trauma. Almost every discussion of child abuse and neglect addresses the outcome of that experience. Although tens of thousands of studies have been done on the reasons for and characteristics of child abuse, little has been done to determine why children seem to react so differently to the experience.

This workshop will examine sources of resilience in children, responses, and conditions that foster resilience, and the extraordinary scientific research recently presented which makes a connection between genetics and resiliency. It will also offer suggestions for what parents and caregivers can do to promote resilience in their children.



Objectives

By the end of the event, we hope you:

- 1** Increase your understanding of resilience.
- 2** Increase your knowledge of the Strengthening Families Protective Factors Framework.
- 3** Deepen your understanding of racism and equity practice.
- 4** Are equipped with strategies to build resilience through equitable and authentic practice.

To explore these topics further, please see the program bibliography and access the free resources shared by our presenters after the event.



The New Hampshire Charitable Foundation is guided by a vision for strong, just and inclusive communities.

But no community can be truly strong when it is weakened by systemic racism.

The New Hampshire Charitable Foundation is honored to support learning opportunities like the New Hampshire Children's Trust's *Race and Resiliency Talks*.

And we will remain focused on that vision of justice and inclusivity for all communities and all people — because justice and inclusivity are the wellspring of our shared strength.



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**You know what is
best for your family
but you still might have
questions along the way.**



What is Healthy Families America - NH?

Healthy Families America - NH is a home visiting service available starting when you find out you are pregnant through your child's 3rd birthday. It is non-judgmental support – **when you want it – where you want.** Healthy Families America - NH is free, convenient, voluntary and flexible.

Healthy Families America - NH can help your family:

- Prepare to bring your baby home from the hospital
- Have a healthy pregnancy and delivery
- Feel confident parenting
- Cope with the stress of raising a family
- Access information to keep your baby healthy and safe
- Get resources and help, like baby equipment
- Connect with other parents
- Understand your baby's emotions, needs, cues and behaviors
- And so much more!

Whether you are pregnant or already have a new baby at home, Healthy Families America - NH staff are there for you. The best part is **YOU** get to pick the:

- Type of **help**
- Type of **service**
- **Time and place to meet**

"As a new parent, when your child is born you don't know what to do. When I got involved with Healthy Families America - NH, it was so comfortable. I got answers without judgment. I felt like I wasn't alone."

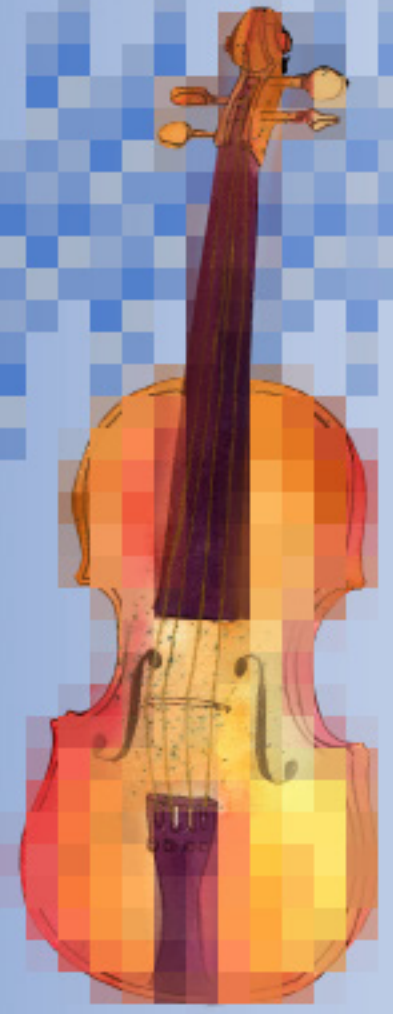
To search for a service in New Hampshire, go to www.HealthyFamiliesAmericaNH.org or call 2-1-1 NH.



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Join us

STRENGTHENING FAMILIES

A Protective Factors Framework

Conceived by the Center for the Study of Social Policy, the Strengthening Families Protective Factors Framework describes five protective factors, that when present and robust, keep families strong, give children the best chance for optimal development, and reduce the risk of child abuse and neglect.

Implementing Strengthening Families is about:

- ✓ Small but significant changes in everyday practice *and*
- ✓ Shifting policies and systems to promote those changes in practice

Families gain what they need to be successful when **key protective factors** are robust in their lives and communities.



*“Children don’t grow up in programs. . .They grow up in **families** and in **communities**.”*

– Dr. Urie Bronfenbrenner, Cornell University

5 Protective Factors:

Parental Resilience: The ability to manage stress and bounce back during times of challenge or adversity.

Social Connections: Positive relationships with friends, family members, neighbors, and other members of a community who provide essential supports for parents.

Knowledge of Parenting and Child Development: Understanding child development and parenting strategies that support physical, cognitive, language, social and emotional development.

Concrete Support in Times of Need: Access to concrete support and services that address a family’s needs and help minimize stress caused by challenges.

Social and Emotional Competence of Children: Family and child interactions that help children develop the ability to communicate clearly, recognize and regulate their emotions, and establish and maintain relationships.

Risk factors are not **predictive factors** because of **protective factors**.

Bring the Strengthening Families approach to your community.

Visit www.nhchildrenstrust.org/strengthening-families



FSNH

Our role is not to define the family. Our role is to serve the family.

—Margaret Nelson, Board President

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Evaluation Instructions

At the close of the webinar, a link will display on your screen leading to a survey. You will also receive this link at the email address you used to register for the webinar.

This survey will collect the information we need to issue you a certificate for attending today as well as document CEUs/professional development hours. It also serves as your evaluation of today's event. Completing the survey, including the evaluation, is required to receive a certificate.

If you do not receive the link or have trouble accessing, please contact Karen Pellicano at kpellicano@nhchildrenstrust.org.

*Please consult our list of available and pending CEUs. For the most current information regarding pending CEUs/professional development hours, **please visit our website.***

CEUs

This program was approved for Social Work: 3.5 Category 1 continuing education credits by the National Association of Social Workers, NH Chapter. CEU #3667

Board Certified GALs: application pending with the Guardian ad litem Board for Board Certified GALs—decision expected by 9/20/2020. You may also consider submitting the event to the board for approval with [this form](#).

LADC/MLADC/CRSW: Approved for 3.5 CEUs by the Board of Licensing and Other Drug Use Professionals. Categories of Competence 7, 15 and 17.

Certified Prevention Specialists: Approved for 3.5 CEUs NH Prevention Certification Board. Specific domains to be identified prior to event and will be reflected on the certificate.

Early Care and Education Professionals: 3.5 hours of professional development. Core Knowledge Areas: Developing as a Professional, Building Community Relationships, and Promoting Child Growth and Development.

Nurses: This event qualifies for contact hours for nurses in related fields.

Your certificate of attendance will cite the hours of instruction. This may serve to document professional development hours for your field should it not be listed above.

This event qualifies for CEUs/professional development hours for attending the live webinar. Please reach out to your licensing board or professional association to determine whether the event recording meets the requirements of your discipline.

Lucy Fowlkes Breed Family Service Volunteer Award

Nominate a Volunteer

Nominate a family service volunteer for our annual Lucy Fowlkes Breed Family Service Volunteer Award! Although the landscape of volunteerism has shifted, it is still so important during this time and we want to celebrate that!

The deadline for nominations is October 2nd, 2020. We look forward to learning more about the amazing volunteer work happening in our New Hampshire communities!

NOMINATE



Lucy Fowlkes Breed
STAND OUT IN A SEA OF SAMENESS WITH YOUR SMILE POWER!

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Additional Resources:

[Center for the Study of Social Policy–Protective Factors Framework](#)
[Center for Mental Health in Schools at UCLA–Protective Factors/Resiliency Encyclopedia on Early Childhood Development–Resilience in Development](#)
[New York Times Magazine–A Question of Resilience](#)

[Access presenter materials](#)

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