

BE PREVENTION

Ambassador Action Guide

How you can help:

Prevention is a community effort. When parents and caregivers have access to supports, children thrive, families are stronger and more resilient, and New Hampshire prospers.

It's simple: Investing in families and the network of supports they need creates a better New Hampshire.

April is Prevention Month!



Wear Blue!

Thursday, April 1 is Wear Blue Day! Wear BLUE for Prevention. Take a picture and send it to us to be featured!



#UNselfie Photo

Post an #UNselfie photo of yourself that explains how you Prevent. Send it to us!



Connect with Us

Go to our [Facebook](#), [Instagram](#), [LinkedIn](#) and [YouTube](#) pages—like and follow us.



Attend an Event

Join us on **April 7** for a [Parent Café about CONNECTION](#), and on **April 21** for a [webinar with Linda Douglas](#) from the NHCADSV.



Promote on Social Media

Download our social media calendar and assets and share them on your feeds!



Listen to Our Podcast

Tune in to our podcast, [NH Family Now](#)—share it with your friends!



Download Our Guide

Download the 2021 Prevention Month Resource Guide. Explore all the resources!



Email Your Contacts

Send a [personalized email](#) to your contact list sharing the importance of Prevention and how we can all get involved!



Use the Activity Calendar

Download our [Parent Activity Calendar](#) to engage your family in the Protective Factors throughout the month!



Donate

Make a gift to NHCT at nhchildrenstrust.org/donate

Download our social media assets, Resource Guide, Parent Activity Calendar, #UNselfie template and more [HERE](#) or at ow.ly/IxUI50DTinW

Contact us at nhctcommunications@nhchildrenstrust.org

