



5th Annual Ride for Resilience

Virtual Rider Program

NH Children’s Trust Ride for Resilience is a 100-mile charity bicycle ride that benefits New Hampshire’s network of family support and those organizations who work to create safe, stable, and nurturing environments for children. What better way to highlight family strength and resilience than by cycling family resource center to family resource center during a beautiful early fall NH day!

September 12, 2025, the Ride will tour New Hampshire’s Upper Valley Region and showcase TLC Family Resource Center in Lebanon and Claremont and Waypoint’s Upper Valley Family Resource Center in Lebanon. The day promises to be filled with friends, scenic and beautiful vistas, route support, and rest stops!

You may not be able to join us at the Ride for Resilience this year, but would like to support the cause anyway. No worries! We set up a virtual rider program, so anyone can be involved, in any way that you want!

Because this is a fundraising event, rider participation comes with a commitment to raise minimum amounts in support of benefiting organizations.

For more Ride information visit: nhchildrenstrust.org/ride-for-resilience

Virtual Rider FAQs:

How does it work? Register for the Virtual Ride and then sometime between when you register and September 12, get on your bike, or stationary bike, and start Riding for Resilience! Maybe you ride 100 miles day of event in your community, or you ride 10 miles a week for 10 weeks or create a team of 4 and ride 25 miles on a Saturday together. Whatever way you, or you and a team, would like to ride 100-miles is up to you!

Is there a registration fee? Registration is free for virtual riders!

Is there a fundraising minimum? There is not a minimum, but we encourage you to set a personal goal, with an incentive to raise \$1,000 or more for an official Ride jersey.

Do I get my own fundraising page, just like the regular riders? Yes! When you register you will be prompted to create your own account and fundraising page through PledgeReg.com.

Can I join or start a team? Yes, you can do this when you register or at your PledgeReg fundraising page.



Sign up today!

To register go to: <https://www.bikereg.com/ride-for-resilience>

Questions? Contact Kat Challis at kchallis@nhchildrenstrust.org or call 603-415-1492

