



The New Hampshire Children's Trust
2024 Annual Impact Report

Letter from the President

Dear Friends,

New Hampshire is often recognized by the Annie E. Casey Foundation as one of the best places in the nation to raise a child. With its independent spirit and Yankee ingenuity, the Granite State consistently ranks high in family well-being. We are proud to play a small but meaningful role in what makes this possible. At New Hampshire Children's Trust (NHCT), we believe that when parents have the support and resources they need to care for their families, children thrive.



At the same time, we know that not all children in our state have the opportunity to thrive. Too many families continue to face significant challenges. In 2024, the New Hampshire Department of Health and Human Services received 19,978 reports of suspected child abuse or neglect involving Granite State children. Of those reports, approximately 11,500 met the criteria for further evaluation and services.

We know when New Hampshire children experience adversity, it can have lasting effects on their health, development, and overall well-being. As New Hampshire's chapter of Prevent Child Abuse America—the nation's oldest and largest organization dedicated to preventing child maltreatment—we are committed to strengthening support for families and preventing harm before it occurs.

The foundation of prevention is strong family support. When families experience stress—whether from financial hardship or lack of access to basic necessities—the risk of abuse and neglect increases. By reducing these pressures, we can help create safe, stable, and nurturing environments where children can grow and flourish. This belief is at the heart of NHCT's Economic and Concrete Supports Program, which provides diapers, wipes, hygiene products, and other resources to families through our network of child- and family-serving partner organizations across the state. In 2024, NHCT distributed over 118,000 diapers to New Hampshire families!

In 2024, NHCT continued to grow and expand its impact, incubating systems in close collaboration with the State of New Hampshire. We were proud to work alongside New Hampshire's Family Resource Center Network—15 Family Resource Centers statewide—providing training, technical assistance, and ongoing support. We were also honored to support and manage the early stages of New Hampshire's Kinship Navigation Program, designed specifically for grandparents and other caregivers who unexpectedly stepped in to raise their kin.

Looking ahead to 2025 and beyond, NHCT remains committed to advancing child abuse and neglect prevention initiatives, strengthening our network of child- and family-serving partners, and cultivating new relationships. Together, we can ensure that every New Hampshire child grows up safe, supported, and surrounded by a caring community.

Thank you for believing in New Hampshire families—and in the power of prevention.

This annual report reflects the impact of the past year and serves as a heartfelt thank you to our partners, supporters, and collaborators. We hope you agree: family is New Hampshire's best investment.

With Gratitude,

A handwritten signature in black ink that reads "Christina Lachance".

Christina Lachance
President

MISSION

New Hampshire Children's Trust is leading the drive to ensure safe, stable, and nurturing relationships and environments for children by educating, advocating, and collaborating.

VISION

We envision a New Hampshire where all children grow up free from abuse and neglect.

YEAR AT A GLANCE

2024 marks the final year of NHCT's three-year strategic plan and the start of the development of our next strategic plan cycle. Throughout 2024, NHCT continued implementing the statewide Kinship Navigation Program, Family Support Data System, and Economic and Concrete Supports program. NHCT also provided support, training, and technical assistance to 15 Family Resource Centers as part of its ongoing statewide work in its role as the Facilitating Organization.

Adaptive Strategic Plan

In 2024, NHCT partnered with Prevent Child Abuse America (PCA) to adapt their Theory of Change, re-imagining New Hampshire's vast network of family support and strengthening programs as a comprehensive ecosystem of primary prevention that places families squarely in the center of the systems and services of support. NHCT looks forward to engaging our board, staff, and community partners in the coming year to develop a multi-year Adaptive Strategic Plan that will guide our initiatives to support Granite State children and families.

Kinship Navigation Program

The Kinship Navigation Program stands as a powerful example of what can be achieved through partnership, vision, and commitment to family well-being. Through years of dedicated partnership and innovation, NHCT has built a strong and sustainable statewide program that connects grandparents and relative caregivers raising children to the resources they need to thrive. In 2025, the program will fully transition to the Department of Health and Human Services- a reflection of its success and of NHCT's commitment to creating lasting systems of support that strengthen families and communities statewide.

Economic and Concrete Supports Program

In collaboration with New Hampshire Charitable Foundation, NHCT facilitated the disbursement of over \$590,000 in donated funds to provide immediate financial support to families across the state. In partnership with Baby2Baby, a national nonprofit that provides children in need with essential items, NHCT facilitated the disbursement of over 118,000 diapers and thousands of hygiene products and toys to kids through family serving organizations. In 2025, NHCT is poised to build our Economic and Concrete Supports program to reach more families, advocate for funding and community investment, and partner with more organizations to meet the needs of NH children.



STRENGTHENING PARTNERS

NH Family Resource Centers

A Family Resource Center (FRC) is a community organization that offers free, confidential services to support families. FRCs serve all families with evidence-based home visiting, parenting education, youth enrichment, concrete supports, and other programs to help build and maintain healthy families in NH.

Collective Impact Reporting

Since 2020, NHCT has managed the Family Support Data System (FSDS), a database used by all FRCs in New Hampshire to collect and report-out information about the families they support in their communities. Information in the data system includes demographics of children and caregivers, household income and composition, family need, and services received. Because all FRCs enter data into a common system, NHCT can identify statewide trends, elevate the collective impact of FRC efforts, and generate reporting and data visualizations about children, caregivers, and families served across the state during any time period.

Family Support New Hampshire

A program of NHCT, Family Support New Hampshire serves as the statewide coalition of FRCs and family strengthening programs through which learning, resources, and funding flows in support of stronger NH communities.

In 2024, 15 Family Resource Centers in 26 locations across NH supported over 6,825 families and 15,579 children and adults.

Kinship Navigators, which provide kinship caregiver support services at each FRC location, served over 526 Kinship families including 727 caregivers and 741 children placed in their care.





MEETING FAMILY NEED

Receiving concrete supports in times of need is one of the five protective factors that can prevent neglect and help families thrive. Concrete support is often described as the “basic necessities” that all families need to support their children, including food, clothing, housing, transportation, childcare, and health care.

In 2024, NHCT disbursed:

\$642,872
in funds to support

3,386
children from
676
NH Families

The New Hampshire Charitable Foundation, NHCT, and FRCs across New Hampshire partnered to provide flexible funds to families in our communities. These funds, made possible by generous donors, help meet the immediate needs of families and also provide children with positive experiences they otherwise may not be able to afford. Funds were used to help families facing various challenges, including bridging financial gaps while benefits applications are in process, as well as unexpected home and auto repair bills.

NHCT’s data system collects household information and fund use for each disbursement. In 2024, over 70% of funds supported the top needs of NH families: **housing, utilities, and transportation**.

In the US, diapers are the 4th highest household expense after rent, food, and utilities, for families with diaper needs. In partnership with Baby2Baby, a national non-profit organization that provides essential items to children in need across the country, NHCT has distributed over 247,000 diapers and other baby essentials to New Hampshire families since 2021. Through collaborative efforts, working seamlessly with the network of FRCs and other family strengthening programs throughout the state, NHCT managed the distribution of 118,000 diapers to FRCs in 2024. This reflects a 26% increase from 2023.

CELEBRATING FAMILY

Each February, NHCT recognizes exceptional parents and caregivers during Parent Recognition Month, highlighting individuals who make a significant impact on their families often without receiving public recognition for their efforts. The Unsung Hero Awards have been presented in partnership with the NH Governor since 2008.

Ensuring families have what they need, when they need it, begins with celebrating the strengths families already have. Understanding how families navigate adversity can inform where additional community supports are needed.

NHCT prioritizes honoring parents and caregivers for NH's most important job- creating safe, stable, and nurturing environments in which children thrive.

Here's to strong New Hampshire Families and supportive service providers!





PROMOTING RESILIENCE

Promoting access is at the heart of building resilient New Hampshire communities. Through collaboration among parent leaders, service providers, advocates, and partners in child and maternal health, public health, and community-based networks, we are fostering a coordinated system of support. This collective effort helps address the root causes of childhood adversity while cultivating the positive relationships and environments that enable families, and entire communities, to thrive.

In October 2024, NHCT held the 12th Annual Strengthening Families Summit, and welcomed Jennifer Jones, Chief Strategy Officer of Prevent Child Abuse America, to introduce PCAA's transformative Theory of Change Framework. Jennifer's session helped attendees recognize their crucial role within a cohesive primary prevention ecosystem.



NHCT honored Chesterfield resident Dr. Leo Sandy as the winner of the 2024 Lucy Fowlkes Breed Award. This recognition is made annually for an outstanding volunteer who has provided direct service to families at a New Hampshire organization.

RAISING AWARENESS & ADVOCACY

Building Together: Prevention in Partnership

Child Abuse Prevention Month in April highlights the power of commitment and collaboration in ensuring families have the resources they need to raise happy, healthy, and safe children. Primary prevention starts with proactive, "upstream" strategies that build family strength and resilience before challenges arise. Research shows that when caregivers have access to concrete supports, parenting strategies, knowledge of child development, and social connections, they create nurturing environments where children thrive.

NH Family NOW Podcast

The NH Family NOW podcast is a public facing project which promotes our mission and serves as an auditory community resource guide. Season 4 of the NH Family NOW Podcast produced 22 thirty-minute podcasts providing access and awareness of family services available to all NH families. Experts in the field join the show to discuss the state-of-the-state of New Hampshire's family-friendly landscape and where to turn for practical, evidence-based solutions for the challenges facing families today. NH Family NOW can be found on Spotify, Google Podcasts, Amazon Music, Stitcher, iHeart Radio and on the NHCT website.

1,256,680
Social media impressions

800,137+
Social media post reach

279+
New Followers

6,941
Podcast Downloads

18,000+
Website views

17,700
Total Podcast Downloads



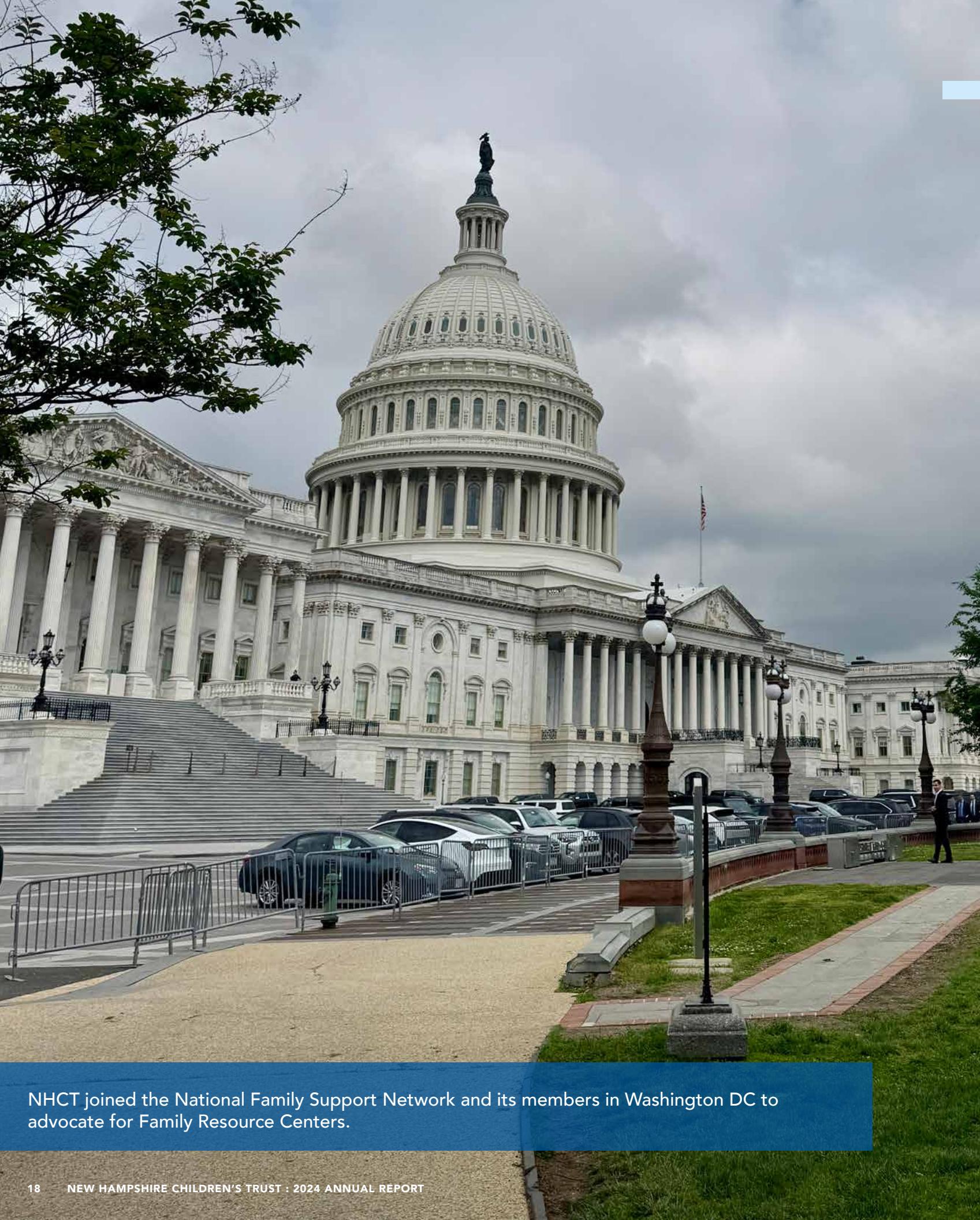
RIDE FOR RESILIENCE

NHCT's 4th Annual 100-mile Ride for Resilience, founded by current Board Chair Mark Knights, took place in North Conway on September 13, 2024 in partnership with New Hampshire's Network of Family Resource Centers.

The focus of the ride is to highlight family strength in the Granite State and to build awareness of the many ways the NH Network of Family Support helps foster individual, family, and community resilience.

Knights, along with NHCT's Senior Advancement Director Nathan Fink, and twelve other riders cycled a 100-mile loop in the North Country from Conway, through Gorham, past the Mt. Washington Hotel, through Crawford Notch, and back to Conway to celebrate at Tuckerman Brewing!





NATIONAL PARTNERSHIPS

NHCT is the Governor's appointed Community-Based Child Abuse Prevention (CBCAP) Lead Agency, the State of New Hampshire chapter of Prevent Child Abuse America, and a member of the Children's Trust Fund Alliance and National Family Support Network. As a member of these national child abuse prevention networks, NHCT brings national perspectives and strategies into the state and elevates our state's prevention efforts and outcomes with national partners.

Community-Based Child Abuse Prevention

Federal CBCAP grants support state and local communities with resources to empower families to provide safe homes for their children, reduce the incidence of child abuse and neglect, and reduce the need for foster care. As New Hampshire's CBCAP grant recipient, NHCT leverages federal funding initiatives that strengthen and support Granite State families.

Children's Trust Fund Alliance

NHCT is a member of the Children's Trust Fund Alliance (Alliance), the national membership organization for state children's trust funds. The Alliance provides leadership and support for a national network of children's trust and prevention funds who are catalysts for positive changes in systems, policies and practices to promote well-being for children, families, and communities.

Prevent Child Abuse America (PCAA)

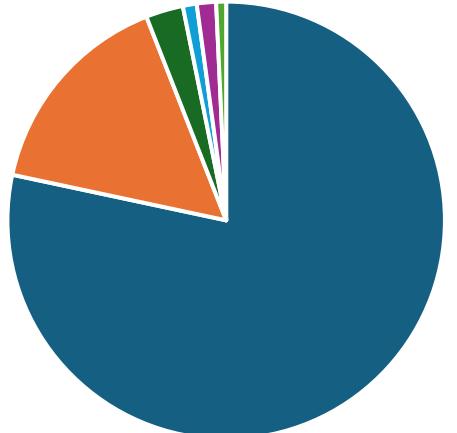
PCAA is the nation's oldest and largest organization committed to preventing child abuse and neglect before it happens. Since 2004 NHCT has served as the New Hampshire State Chapter of Prevent Child Abuse America.

National Family Support Network

Founded in 2011, the National Family Support Network (NFSN) is a membership-based organization comprised of a network of Family Resource Centers. As a representative of Family Support New Hampshire, NHCT is a proud member of NFSN. This affiliation grants NHCT and NH's network of FRCs access to a wealth of resources, including communities of practice, educational materials, trainings, and professional development opportunities.

NHCT joined the National Family Support Network and its members in Washington DC to advocate for Family Resource Centers.

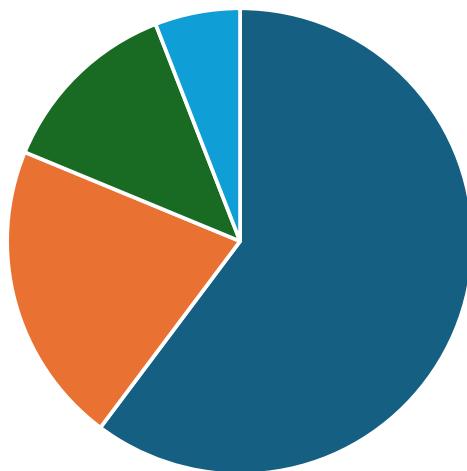
FINANCIAL SUMMARY



Revenue

■ Government Grants	\$5,601,716
■ Foundation Grants	\$1,123,413
■ Contributions	\$197,500
■ Endowment Distributions	\$73,236
■ Training & Conference Fees	\$101,634
■ In-Kind	\$52,520

Expenses



■ Direct Support for Family Resource Centers	\$3,884,594
■ Fundraising & Community Relations	\$1,354,531
■ Technical Support for FRCs & Other Community Partners	\$828,846
■ Administration	\$380,882



Board of Directors

Mark Knights, Esq, Chair
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 Nathalie Gagnon, Accounting Manager
 Diane Hastings, Community Relations Coordinator
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 Deanna LaFrazia, Technical Data Specialist
 Kathy Palys, Communications Specialist

Jennifer Paveglio, Office Manager
 Liz Scruton, Family Support & Early Childhood Initiatives Director
 Emily Shanahan, Primary Prevention Manager

OUR ORGANIZATIONAL PARTNERS

We are deeply grateful to the organizations listed below whose investments make our prevention work possible. We also thank the many individual donors whose generosity strengthens families and helps ensure New Hampshire children grow up safe, supported, and thriving.

1630 Installations

4Imprint

AmeriHealth Caritas NH

Associated Grocers of New England

Autism Care Partners

Baby2Baby

Back Bay Networks

Bangor Savings Bank

Bangor Savings Bank Foundation

Bank of New Hampshire

BatteriesPlusBulbs

Behavioral Health Improvement Institute

Benevity Community Impact Fund

Bonacorsi Wealth Management

Brown and Company Design

Burdick Faulkner Charitable Fund

Burgoo Media

CBIZ CPAs PC

CheckMate Payroll Services

Churchill James

Citizens Bank

Community Action Partnership Hillsborough and Rockingham Counties

Compass of Hope Counseling

Compass Travel

Couch Family Foundation

Cross Insurance

Dartmouth Health

Dartmouth Health Children's

DeChiaro Design

Demoulas Supermarkets

Diocese of Manchester

Donohue, Beasley & Ferber

Eastern Bank Foundation

Episcopal Diocese of New Hampshire

Exeter Endontics

Exeter Hospital-Beth Israel Lahey Health

Family Resource Center of Northern NH

Fidelity Investments

Formax

Fraternal Order of Eagles, Ladies Auxiliary #1887

FTI Consulting

General Federation of Women's Clubs NH

GFWC-Hudson Women's Club

GFWC-Salem Area Women's Club

Give Lively Foundation

Granite Edvance

Granite United Way

Harbour Light

Hilltop Foundation

JH Spain Commercial Services, LLC

Kappa Delta - Alpha Sigma Chapter

Keane MacDonald & Donahue PC

Kennebunk Savings

Keystone Press

Kiwanis Club of Concord

Knights Construction LLC

Liberty Mutual

Lovett-Woodsum Foundation

Marjorie Arundel Fund for the Earth

McLane Middleton Professional Association

Merrimack County Savings Bank

Microsoft

Mount Prospect Academy

NAMI New Hampshire

Nathan Wechsler & Company, PA

New England Employee Benefits Company

New England Fiddle Ensemble

New Futures

New Hampshire Charitable Foundation

New Hampshire Charitable Foundation's

Barrette Family Fund

New Hampshire Charitable Foundation's

BonaVicina Fund

New Hampshire Charitable Foundation's

Breed Family Fund

New Hampshire Charitable Foundation's

Catherine McIlwain Wheeler Fund and Coit

House Fund

New Hampshire Charitable Foundation's

Coit House Fund

New Hampshire Charitable Foundation's

Dave DeLucia and Lisa Gardner Fund

New Hampshire Charitable Foundation's

Doris and Vivian Horton Fund

New Hampshire Charitable Foundation's

Douglas and Angela Stone Family Fund

New Hampshire Charitable Foundation's

George W. Merck Foundation

New Hampshire Charitable Foundation's

Gisela Polleys Charitable Fund

New Hampshire Charitable Foundation's

Grandgeorge Family Fund

New Hampshire Charitable Foundation's

Gringott's Fund for Muggles Vault 713 Fund

New Hampshire Charitable Foundation's

Head Light Fund

New Hampshire Charitable Foundation's

James W. Squires Social Justice Fund

New Hampshire Charitable Foundation's

Jean L. Hennessey Wild Schemes Fund

New Hampshire Charitable Foundation's

John and Lelia Lamson Fund

New Hampshire Charitable Foundation's

John H. Pearson Fund and New Hampshire

Tomorrow Fund New Hampshire Charitable

Foundation's

Joseph G. and Jean E. Sawtelle Fund

New Hampshire Charitable Foundation's

Katherine Wells MacMillan Fund

New Hampshire Charitable Foundation's

Kineo Fund

New Hampshire Charitable Foundation's

Mary Angela Trino and Bill Toms Fund

New Hampshire Charitable Foundation's

Melinda Richmond Fund

New Hampshire Charitable Foundation's

New Hampshire Tomorrow Fund

New Hampshire Charitable Foundation's

Pass Through Grantmaking

New Hampshire Charitable Foundation's

Rutman Family Fund

New Hampshire Charitable Foundation's

Satzow Family Fund

New Hampshire Charitable Foundation's

Woody/Muffin Charitable Fund

New Hampshire Charitable Foundation's

Wyman Family Fund

New Hampshire Children's Health Foundation

New Hampshire Department of Education

New Hampshire Group, LLC

NFI North

NH Automobile Dealers Association

NHAAP

NHAIMH

Nixon Peabody LLP

Northeast Delta Dental

Passumpsic Savings Bank

Path Resorts

PayPal Giving Fund

Piscataqua Savings Bank

Prevent Child Abuse America

Renaissance Charitable Foundation

Samuel P. Hunt Foundation

Save the Children Action Network-NH

Service Credit Union

Society of the Sisters of Charity

St. Luke's Episcopal Church

Healthy Families America New Hampshire

Tech Pro Marketing

The Donley Foundation

The Immaculate Conception Parish

Golden Nozzle Car Wash

Town Fair Tire Foundation

Tuckerman Brewing Company

Two Tomatoes Touring, LLC

UBS

UpReach Therapeutic Equestrian Center

Vaniss of New Hampshire

Badger

Walsh Brothers, Inc.

Waypoint

WellSense Health Plan

Wildwood Improvement

William Blair

Youth Villages





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we are
PREVENTION



nh children's trust

