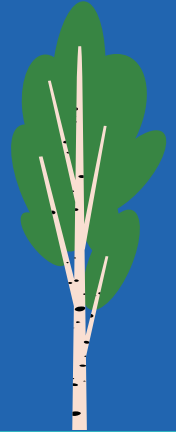


get involved

# Become an Ambassador

**PRIMARY PREVENTION** is a community effort. When parents and caregivers have access to resources, children thrive, families are stronger and more resilient, and New Hampshire prospers.

**Powered by Hope:**  
Strengthened by Prevention



## Ways to Celebrate Prevention Month!



### FOLLOW US

Follow our Facebook, Instagram, LinkedIn, Tiktok and YouTube pages—like and share our posts!



### CONNECT WITH FAMILIES

Send an email to your contact list about what Prevention means to you and how we can all get involved!



### DOWNLOAD OUR GUIDE

Download the 2025 Prevention Month Resource Guide. Explore all the resources!



### PARTNER WITH US

Contact us to see what opportunities are available to improve individual, family, and community health and well-being.



### WEAR BLUE

Friday April 4 is Wear Blue Day! Wear BLUE for Prevention. Take a picture to help raise awareness of Primary Prevention!



### REVIEW OUR RESOURCES

Download our social media calendar and assets and share them on your feeds!



### LISTEN TO OUR PODCAST

Tune into our archived podcast, [NH Family Now](#) and share it with your friends!



### DONATE

Make a gift to NHCT at [nhchildrenstrust.org/donate](https://nhchildrenstrust.org/donate)

**Download** our social media assets, Resource Guide, Parent Activity Calendar, #UNselfie template and more at [nhchildrenstrust.org/prevention](https://nhchildrenstrust.org/prevention)

### HAVE QUESTIONS?

Contact us at [communications@nhchildrenstrust.org](mailto:communications@nhchildrenstrust.org)