

2022 *Unsung Hero Awards*

NOMINATION FORM



February is Parent Recognition Month

Nominate a parent or caregiver for the 15th annual Unsung Hero Awards

Do you know a parent or caregiver who shows one or more of these strengths?

- Ability to *bounce* back from stress (Parental Resilience)
- A *strong* support system (Social Connections)
- *Understands* their child's developmental needs (Knowledge of Parenting and Child Development)
- *Shows* empathy and support toward their child's feelings (Social and Emotional Competence of Children)
- Not *afraid* to ask for help or receive help (Concrete Support in Times of Need)

Research has found that these family characteristics, called protective factors, reduce stress and promote the well-being of ALL families! When families focus on building their protective factors, they create and draw on natural supports within their families and communities and help their children thrive. We encourage you to nominate a parent who displayed strength while facing adversity, is a role model to other parents, or whose parenting has impressed you. The Unsung Hero Award will recognize 20 parents during February, Parent Recognition Month. ***Parents are defined as dual parents, single parents, grandparents, foster or adoptive parents.***

Please take a moment to think of a parent who has taken that extra step to improve the life of their own family or the lives of those around them and write a paragraph or two explaining why they should be honored. All nominations will be reviewed and carefully selected by the Unsung Hero Committee, which includes past recipients, board, staff and community members.

All nominations are due by Wednesday, December 15, 2021.

Thank you for your interest in the Unsung Hero Awards! For more information or for any questions, please contact Karen Pellicano at (603) 224-1279 or kpellicano@nhchildrenstrust.org





2022 Nomination Form

NOMINEE

Nominee Name: _____

Address: _____

Town, State and Zipcode: _____

Phone Number: _____

Email Address: _____

NOMINATOR

Nominator Name: _____

Address: _____

Town, State and Zipcode: _____

Phone Number: _____

Email Address: _____

Please include an attachment with a paragraph or two explaining why they should be honored.

Send your nominations to: Karen Pellicano
at kpellicano@nhchildrenstrust.org
10 Ferry Street, Suite 307 Concord, NH 03301
Phone (603) 224-1279 | Fax (603) 223-9847

