




NEW HAMPSHIRE

Children's Trust

New Hampshire chapter of  Prevent Child Abuse
America



The New Hampshire Children's Trust
2022 Annual *Impact Report*

A Message from Cliff

We know that when people in communities interact, those communities gain strength. They grow and become greater than their parts, providing the necessary structure and resources that help families thrive.



The New Hampshire Children's Trust has supported those communities, acting as the backbone organization for the primary prevention of child abuse and neglect for decades, and has the honor of supporting an amazing network of 16 Family Resource Centers over the past several years as a partner, facilitator, funder, and advocate.

We have accomplished much in those years, including lifting up a robust Kinship Navigation program, assisting Family Resource Centers (FRCs) on their pathway to becoming FRCs of Quality, developing the Family Support Data System that has shown the incredible results of FRC efforts to reach families and impact their lives, and providing a series of progressive marketing and communications initiatives designed to further the understanding of how we all play a part in prevention and its positive impact on strengthening families throughout NH.

As we look to the future, we aim to tie the many threads of NH's child well-being system together through a lens of primary prevention—keeping families strong and children safe. We continue to prioritize support for family strengthening programs through public engagement, education, and advocacy, and will become more intentional about our role in supporting early childhood initiatives as an essential part of supporting NH families.

This Impact Report illustrates how working together with our FRC partners and other child-serving organizations can make a positive impact on families and build healthy communities.

A handwritten signature in blue ink, appearing to read 'Cliff Simmonds'.

CLIFF SIMMONDS
Executive Director
New Hampshire Children's Trust

Mission & Vision



New Hampshire Children's Trust is leading the drive to ensure safe, stable, and nurturing relationships and environments for children by educating, advocating, and collaborating.

We envision a New Hampshire where all children grow up free from abuse and neglect. We provide innovative programs and trainings for child and family service professionals who in turn provide high quality comprehensive resources and services to parents. Our collective goal is to raise healthy children who develop into healthy adults.



Advocate & Advance

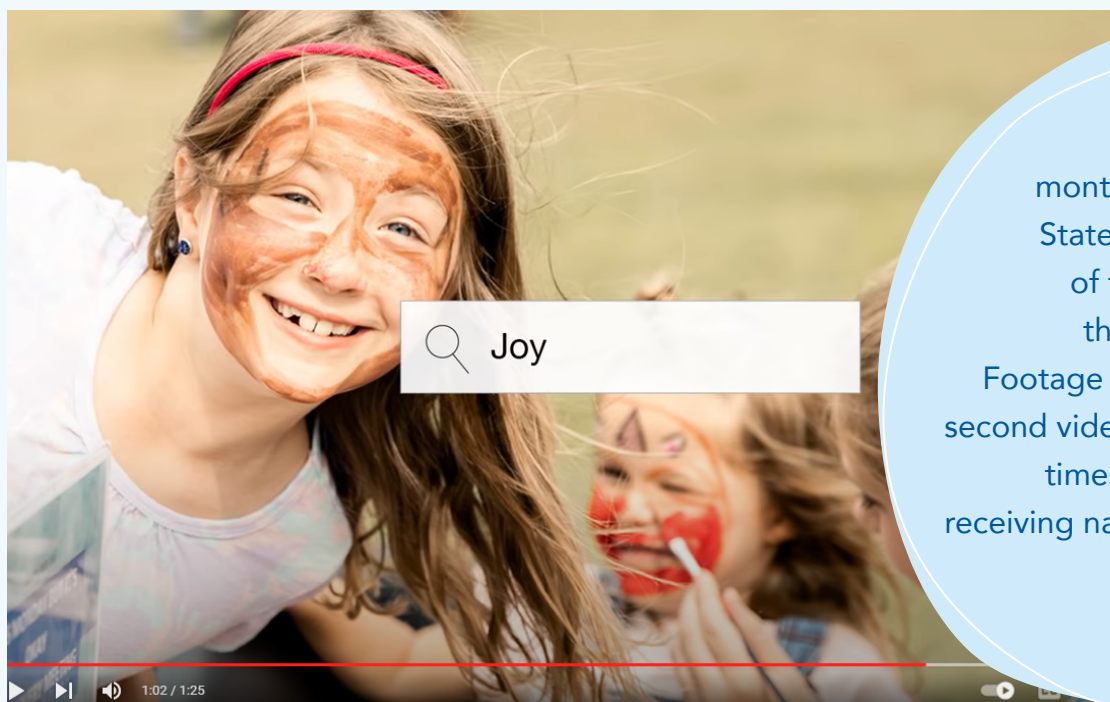
#IAmPrevention Campaign

I AM Prevention. YOU ARE Prevention. WE ARE Prevention.

These were the resonant themes for the New Hampshire Children's Trust (NHCT) in April with the unveiling of the dynamic #IAmPrevention campaign for National Child Abuse Prevention Month, conducted in partnership with the Family Resource Centers and family strengthening organizations throughout the state.

The campaign was designed to establish a pathway to positively identify primary prevention and Strengthening Families protective factors. NHCT created a mix of content that included a resource guide, activity calendar, social media posts, webinars, and video.

A little JOY goes a Long Way!



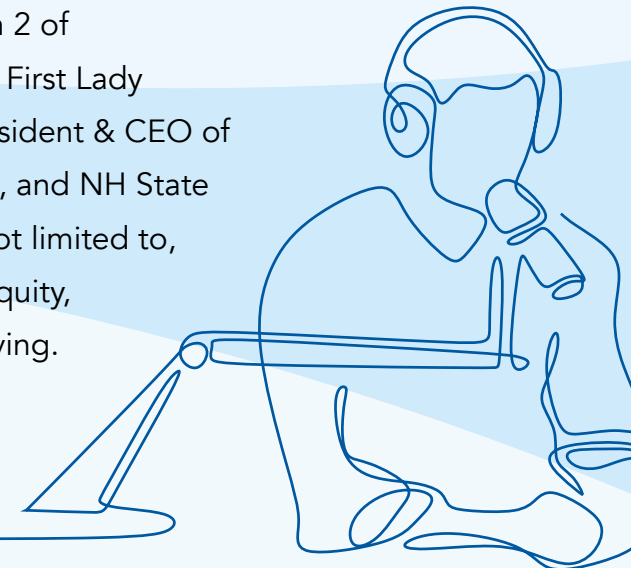
- ▶ **200,000**
#IAmPrevention social media reach
- ▶ **177,000**
"Moments of Joy" video views
- ▶ **3,000**
PSA placements on 50 NH radio stations

For Primary Prevention month, NHCT asked Granite Staters to submit "moments of family joy" captured on their cell phone cameras. Footage was compiled into a 90 second video viewed over 177,000 times on YouTube as well as receiving national media attention!

NH Family NOW Season 2 Podcast

NHCT published 20 new podcast episodes in Season 2 of **New Hampshire Family NOW**. The guests included First Lady **Valerie Sununu**, NH DCYF Director **Joe Ribsam**, President & CEO of Prevent Child Abuse America **Dr. Melissa T. Merrick**, and NH State Senator **Becky Whitley**. Topics included, but were not limited to, Adverse Childhood Experiences, identity, race and equity, mental wellness for new mothers, and kinship caregiving.

- ▶ **10,000 Listens**



Celebrating Primary Prevention

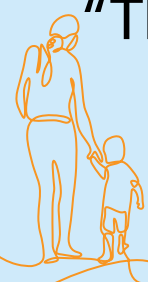
In May, NHCT gathered with partners to recognize the tremendous contributions of NH family support and strengthening professionals committed to building supportive communities that benefit all children.

Strengthening Families Annual Summit

"The Power of Stories"

NHCT's annual Strengthening Families Summit returned as an in-person conference in Concord in September 2022. The event featured a keynote presentation followed by **10 workshops** across **2 breakout sessions**.

230 engaged attendees learned how stories can promote protective factors and how we can harness the power of stories to strengthen families and build stronger communities.



Above: **Congressman Chris Pappas, NH-01**

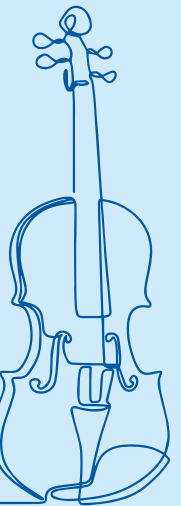
Community Partnerships

SPOTLIGHT

New Hampshire Fiddle Ensemble **Bringing Community Together through Music**

In what has become an annual rite of spring in the Granite State, the talented singers, musicians, and “hula-hoopers” that comprise the NH Fiddle Ensemble performed two shows in 2022 in collaboration with New Hampshire Children’s Trust (NHCT) to coincide with National Child Abuse Prevention Month.

The NH Fiddle Ensemble is a 501c3 community orchestra made up of nearly 100 musicians of all ages and abilities who play a variety of acoustic instruments. The group brings community together by partnering with local non-profits like NHCT to play benefit concerts across New Hampshire and New England.



Community, Belonging, Place

“The Teen Project”

In the spring of 2022, NHCT partnered with Avenue A, a teen center of the Grapevine Family & Community Resource Center, to create a documentary-style short film to help destigmatize the teen experience and connect teens to community resources before risky behaviors arise. The result was a 12-minute film on the lives, experiences, and hopes of a group of local teens in the Monadnock Region which premiered at the Peterborough Community Theater in June.



Meeting Family Needs

SPOTLIGHT

The Trestle Fund

Concrete Support for NH Families

In 2022, the New Hampshire Charitable Foundation, New Hampshire Children's Trust (NHCT), and Family Resource Centers (FRCs) across the state collaborated to establish a program to provide more direct concrete support to families in the community.

The Trestle Fund pilot, which launched statewide in January 2022, provides flexible funding for FRCs to help support families with minor children who are experiencing acute economic challenges. The fund is unrestricted and can be used to help families facing various challenges that are not covered by public assistance programs, like car repair bills or a security deposit for a new apartment. In addition, funds can be used to support child care, summer camps, and other activities that enrich children's experiences and ease the financial burden on parents and caregivers.

The New Hampshire Charitable Foundation provided \$675,000 in funding for 2022 to NHCT to distribute to families through FRCs. In addition to facilitating the disbursement of funds, NHCT developed a common data system to track all Trestle Fund dollars distributed. These funds and the disbursement database have helped bridge gaps in unmet concrete needs, identify regional emerging needs and trends, and enable FRCs to utilize statewide data to inform the response moving forward.

During 2022, FRCs provided:

- ▶ **1,292** disbursements to
- ▶ **972** families in
- ▶ **145** towns in New Hampshire

77% of fund dollars were used to support families with housing, transportation, and childcare-related costs.

"I did a home visit today with a family we were able to help with funding from the Trestle Fund and the change in their lives has been amazing. One positive change has led to many more, the ripple effect is so far reaching."

- New Hampshire FRC Director

*From New Hampshire Charitable Foundation article: TRESTLE FUND HELPS BRIDGE THE GAP

Kinship Navigation

The Kinship Navigation Program, implemented by NHCT within FRCs across the state, was designed to support grandparents, family members, and close family friends that are raising children whose biological parents are unable to care for them.

This community-based program is free, voluntary, and confidential and links kinship caregivers with state benefits, community resources, concrete supports, and referrals to other services in the community.

NHCT and FRCs worked collaboratively throughout the year to expand the Kinship program, create new partnerships with community service providers, and enhance Kinship Navigators' capacity to serve Kinship families across the state.

Kinship Family Data

In 2022, the NH Kinship Navigation program, supported 234 additional Kinship families, with 336 children

Factors that led to those placements in the Kinship Navigation Program were:

- ▶ **Substance misuse by the biological parents 73.6%**
- ▶ **Death of one, or both biological parents 12.3%**
- ▶ **Incarceration of a parent 12.3%**

2022 Kinship Navigation Program highlights:

- ▶ NHCT partnered with New Hampshire Legal Assistance to host twice-monthly "office hours" sessions to provide Kinship Navigators and family support staff with a forum to discuss legal issues facing the families they serve.
- ▶ In response to increased need for Kinship Navigation services in the Upper Valley, Waypoint created a new Kinship Navigator position in their Lebanon office to support families in the region who previously did not have access to Kinship Navigation services.
- ▶ NHCT partnered with the Parent Information Center (PIC) to provide new learning opportunities for Kinship Navigators to increase their knowledge and understanding of supporting Kinship families working with the special education system.
- ▶ Over the course of the year, NHCT collaborated with the Behavioral Health Improvement Institute at Keene State College to develop a new online, on-demand learning curriculum to deliver training to Kinship Navigators which launched statewide in January 2023.



Capacity Building

Family Resource Centers of Quality (FRC-Q)

While NH FRCs have a diversity of structures, funding streams, and constituencies, they share important foundational frameworks, specifically the Strengthening Families Framework and the Principles of Family Support. The Standards of Quality for Family Strengthening & Support are used by multiple community stakeholders as a tool for assessing alignment with these two frameworks. NH FRCs and community stakeholders created a process to designate FRCs committed to these standards and other indicators of exemplary practice as Family Resource Centers of Quality (FRC-Q). Families, funders, and center staff can be confident of quality practice, professionalism, and respect when they encounter a program designated as FRC-Q. The NH Wellness and Primary Prevention Council (WPPC) is charged with overseeing the designation process. In 2022, NHCT continued its three-pronged focus to support the FRC-Q designation process through:

- ▶ Technical Assistance and support to the FRCs regarding quality improvement related to meeting criteria for FRC-Q designation;
- ▶ Coordinating the Standards of Quality certification training and representing Family Support New Hampshire with the National Family Support Network; and
- ▶ Supporting the WPPC in carrying out the process of reviewing FRC-Q designation applications

12 of New Hampshire's Family Resource Centers have been designated FRC-Q's by the WPPC:

- Archways
- Family Connections Resource Center at Children Unlimited
- Families First Health and Support Center
- Family Resource Center of Central NH
- Family Resource Center of the North Country
- Grapevine Family and Community Resource Center
- The River Center, A Family and Community Resource Center
- The Upper Room, A Family Resource Center
- TLC Family Resource Center
- Waypoint Concord
- Waypoint Manchester
- Waypoint Nashua



Training & Technical Assistance

- ▶ **445+** hours of training provided for **1110+** community members and professionals
- ▶ **270+** hours of technical assistance to FRC staff
- ▶ **146+** hours of facilitated group meetings

SPOTLIGHT

The New Hampshire Children's Trust & Family Support New Hampshire Merger

During 2022, NHCT continued its role providing backbone support for New Hampshire's network of Family Resource Centers and integrating primary prevention into the child well-being conversation.

Family Support New Hampshire (FSNH), a member of the National Family Support Network, is a coalition of FRCs throughout New Hampshire that exists to share best practices and support one another as they collectively strive to provide quality services for Granite State families.

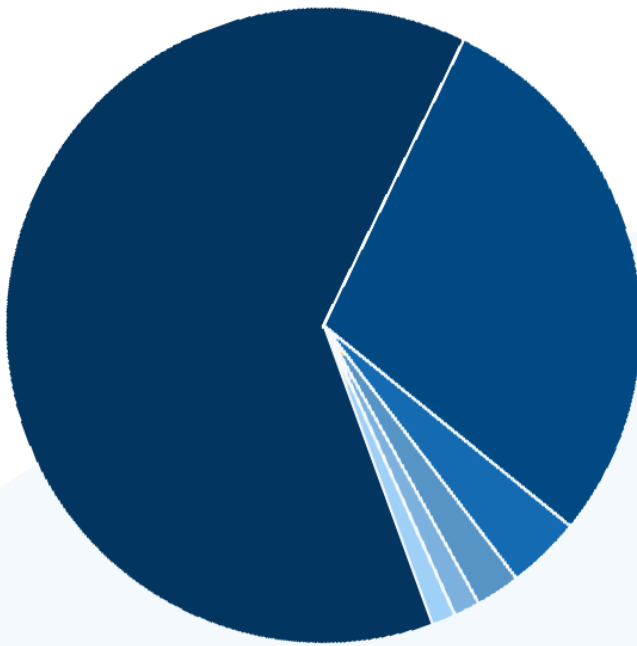
Following a 2021 needs assessment, FSNH identified opportunities to streamline New Hampshire's statewide family strengthening and support infrastructure by formalizing a partnership with NHCT. After a four-month facilitated planning process, FSNH transitioned from an independent 501c3 to a signature program of NHCT.

In June, NHCT hired a full-time staff member to coordinate the network and help FSNH establish goals to continue to meet member needs. As a first step, the FSNH Advisory Committee was formed to ensure an effective and sustainable partnership. Over the course of the year, FSNH accomplished multiple objectives, including refining membership structure, streamlining group communication, and tailoring member meeting content to meet the diverse needs of FRC staff.



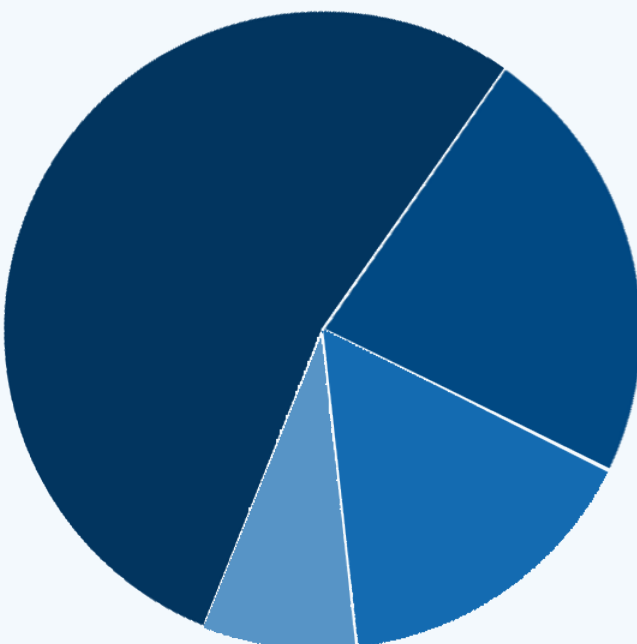
Collective Impact

Revenue



Government Grants	\$3,160,560
Foundation Grants	\$1,493,841
Endowment Distributions	\$113,100
Contributions	\$108,004
Training & Fees	\$66,853
In-Kind	\$61,129

Expenses



Direct Support to FRCs	\$2,351,898
Technical Support to FRCs and Community Partners	\$991,275
Fundraising & Community Relations	\$695,052
Administration	\$343,716

THANK YOU to all 2022 donors for your support of Granite State children and families! The following foundations, organizations, businesses, and donor advised funds supported the mission of the NH Children’s Trust in 2022 through grants, sponsorships, and donations:

Achievers	Liberty Mutual	New Hampshire Charitable Foundation’s
Alpha Sigma Chapter of Kappa Delta	Lindt	Penny Pitou & Milo Pike Charitable Fund
Sorority-UNH	Marcum LLP	New Hampshire Charitable Foundation’s
Amazon Smile Foundation	Mary Hitchcock Memorial Hospital	Satzow Family Fund
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Back Bay Networks	Mount Prospect Academy	Foundation
Bank of New Hampshire	NAMI New Hampshire	NFI North
Behavioral Health Improvement	New England Employee Benefits Company	NH Association for Infant Mental Health
Institute of Keene State College	New Futures	NH Center for Nonprofits
Boston Medical Center-WellSense Health	New Hampshire Charitable Foundation’s	NH Chapter of the American Society
Plan	Barrette Family Fund	of Pediatrics
Burdick Faulkner Charitable Fund	New Hampshire Charitable Foundation’s	NH Commercial Investment Board
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CASA NH	New Hampshire Charitable Foundation’s	NH Department of Education
Checkmate Payroll	Circle Fund	Nixon Peabody LLP
Children’s Hospital at Dartmouth Health	New Hampshire Charitable Foundation’s	Northeast Delta Dental
Churchill James, LLC	Clement Family Fund	Oleonda Jameson Trust
CIT Group	New Hampshire Charitable Foundation’s	Papa Wheelies
Compass of Hope Counseling	Coit House Fund	Parenting Journey
Couch Family Foundation	New Hampshire Charitable Foundation’s	Passumpsic Savings Bank & its employees
Dennis Card & Maureen McCanty	Community Crisis Action Fund 2021	Path Resorts
Charitable Fund	New Hampshire Charitable Foundation’s	Piscataqua Dental Partners
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Eastern Bank Foundation	New Hampshire Charitable Foundation’s	Quality Insulation
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AG Supermarkets	New Hampshire Charitable Foundation’s	S&H Land Services
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Eta Xi Chapter of Kappa Delta Sorority,	New Hampshire Charitable Foundation’s	SFM, LLC
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Fidelity Investments	New Hampshire Charitable Foundation’s	Spaulding Academy & Family Services
First Congregational Church of Hopkinton	Gringott’s Fund for Muggles Vault 713 Fund	St. Peter Church-Auburn
Fraternal Order of Eagles,	New Hampshire Charitable Foundation’s	State of NH: DHHS: DPHS,
Ladies Auxiliary #1887	Jake & Cindy Winebaum Charitable Fund	Maternal & Child Health
General Federation of Women’s Clubs-NH	New Hampshire Charitable Foundation’s	Terryberry
Greenspan Foundation	John & Lelia Lamson Fund	The Donley Foundation
Guys Who Give a \$hit	New Hampshire Charitable Foundation’s	The McIninch Foundation
Hannaford	New Hampshire Tomorrow Early	Town Fair Tire Foundation
Harbor Group	Childhood Development Fund	UBS Matching Gifts Program
Harbour Light	New Hampshire Charitable Foundation’s	UpReach Therapeutic Equestrian Center
Harvard Pilgrim Health Care	New Hampshire Tomorrow Family &	Vernon Family Farm
Hews Company, Inc.	Youth Supports Fund	ViDARR Inc.
Keane and Macdonald PC	New Hampshire Charitable Foundation’s	W.S. Badger Company, Inc.
Keene Rotary Club Community Services	New Hampshire Tomorrow Fund	Wells Fargo Advisors
Fund, Inc.	New Hampshire Charitable Foundation’s	Wingate Salon & Spa
Kennebunk Savings	New Hampshire Tomorrow Substance	Xerox
Kingston Family Dental	Use Disorders Fund	Youth Villages
Kiwanis Club of Concord NH	New Hampshire Charitable Foundation’s	
Knights Construction, LLC	Paul & Ann Harvey Legacy Fund	

Ride For Resilience

Now an annual event connecting Family Resource Centers (FRCs) across the Granite State, New Hampshire Children’s Trust’s (NHCT’s) Ride for Resilience highlights family strength and the many ways New Hampshire’s Network of Family Support helps build individual, family, and community resilience!

On October 21, four riders hopped on their bicycles and pedaled 100 miles across southern New Hampshire to raise awareness about the statewide resources available to all NH families.

Ride Founder and NHCT Board Vice Chair Mark Knights and his fellow participants began their journey at Healthy Starts at HCS Services in Keene. They then headed east, making stops at The River Center in Peterborough and The Upper Room in Derry. The ride concluded at Vernon Family Farms in Newfields for food and music.

The Ride benefits NH Network of Family Support and those organizations who work to create safe, stable, and nurturing environments.



The NHCT Team

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Executive Director



Becky Berk
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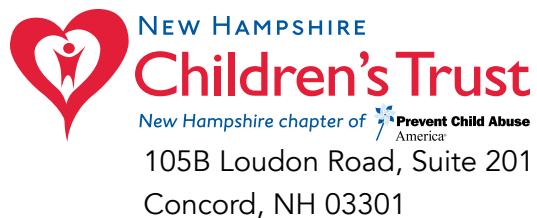


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PREVENTION



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